

# Assessing the impact of Transcatheter Edge-to-Edge Repair in managing Degenerative Mitral Regurgitation in Spain between 2016 and 2020

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Room E2.2.

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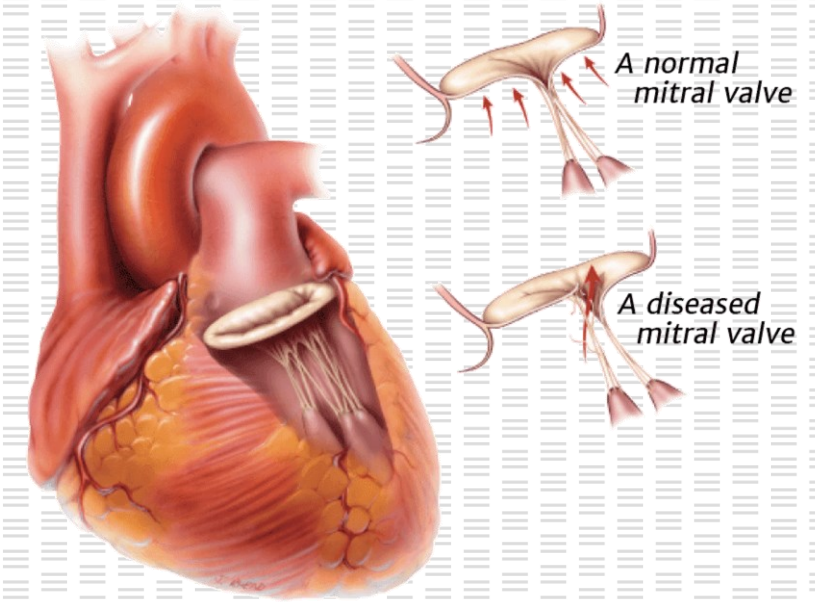


Image obtained from: <https://www.edwards.com/au/patients-care-partners/heart-valves-disease-information/valve-defects>

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## INTRODUCTION AND OBJECTIVES

- **Mitral regurgitation (MR)** is the second-most frequent valvular heart disease in Europe. **Degenerative mitral regurgitation (DMR)** characterized by mitral valve prolapse is the most frequent type of organic mitral valve disease<sup>2</sup>.
- **Mitral transcatheter edge-to-edge repair (TEER)** has emerged as an **alternative** to **surgical mitral valve repair (SMVr)** in patients with prohibited surgical risks or advanced heart failure with severe MR<sup>3</sup>.

The aim was to **evaluate the impact of TEER and SMVr** in managing DRM in Spain (2016 to 2020) through **length of stay (LoS)**, in-hospital **mortality**, and **costs**.

## METHODS

The analysis was conducted analysing MR cases through International Classification of Diseases 10<sup>th</sup> revision (**ICD-10**) **codes** in the **Specialized Health Activity Registry (RAE-CMBD)** of the Spanish Ministry of Health from **2016-2020**.

A **peer-reviewed** (two independent clinical experts) validated algorithm identified DMR etiology.

### Mitral Regurgitation:

Diagnosis codes of interest: I34.0, I34.1

Procedural codes:

Surgical: 02QG0ZZ, 02UG0JZ

TEER: 02QG3ZZ, 02QG4ZZ, 02UG3JZ

**Exclusion criteria:**

- All patients suffering infective endocarditis (I33.0) at the time of admission and patients with stays of less than two days in procedures other than transcatheter and who had not been transferred to other centres or died
- Rheumatic mitral valve disease (I05.0 to I05.9).
- All patients with previous pulmonary valvular prostheses.
- All TEER procedures will exclude valve dilation procedures (027G\*\*\* and 027J\*\*\*).
- Interatrial septal closure procedures (0255\*\*\*).

**DMR:** A distinction will be made between degenerative (DMR) and functional (FMR) following the next criteria defined by Edwards team and validated with Spanish KOLs:

Patients free of:

- 42.0: Dilated cardiomyopathy and 25.5: Ischemic cardiomyopathy
- History of myocardial infarction: I21, I22, I25.2, I24.1 (Myocardial infarction // Subsequent ST-elevation myocardial infarction // Old myocardial infarction // Dressler's syndrome (post-myocardial infarction syndrome))
- History of CABG: B202\*\*\*, B212\*\*\*, B203\*\*\*, B213\*\*\*, B223\*\*\*, B233\*\*\* or Z95.1, I25.7
- History of other cardiac surgery: Z95.2, Z95.3, Z95.4, Z95.810
- History of Angina pectoris: I20.\*
- History of Chronic Ischemic Heart Disease: I25.\*

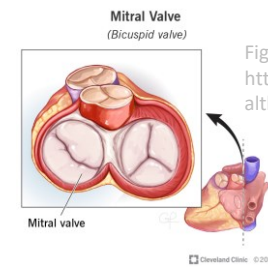


Figure obtained from:  
<https://my.clevelandclinic.org/health/body/23244-mitral-valve>



**Adult patients in public and publicly funded hospitals**, stratified by year, age, and risk profile using the age-adjusted Charlson comorbidity index (aCCI), mortality, LoS, and ICU stay.

# RESULTS

Out of 228,455 reported MR patients in the period 2016-2020, 136,821 (**59.89%**) **suffered DMR**, and 52.35% over 80 years. Notably only 1.85% of MR patients received non-pharmacological treatment.

## DMR diagnoses in the period 2016-2020



$\Delta x = 11.65\%$  annually  
Median [IQR] **aCCI** of 5 [4.00, 7.00]



**LoS** (median [IQR]) of 7.00 [4.00, 11.00]



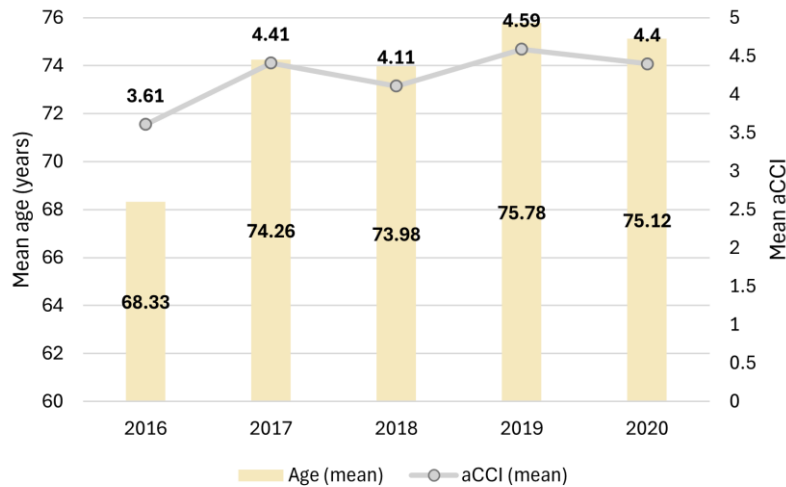
**8.75% in-hospital mortality**

	TEER in DMR				
Year	2016	2017	2018	2019	2020
n	33	39	85	112	154
Deaths	3	0	2	4	1

	SMVr in DMR				
Year	2016	2017	2018	2019	2020
n	374	382	588	663	477
Deaths	9	8	12	15	11

TEER has been consolidated for **older high-risk patients** and a **higher aCCI**.

- 4.6x more in 2020
- 97.64% survival
- 57.92% patients >75yr
- 52.96% male patients



Patients that undergo SMVr tend to have a **lower aCCI** and **minor age**.

- 2,484 procedures
- 97.79% survival
- 40.1% patients <60yr
- 65.42% male patients

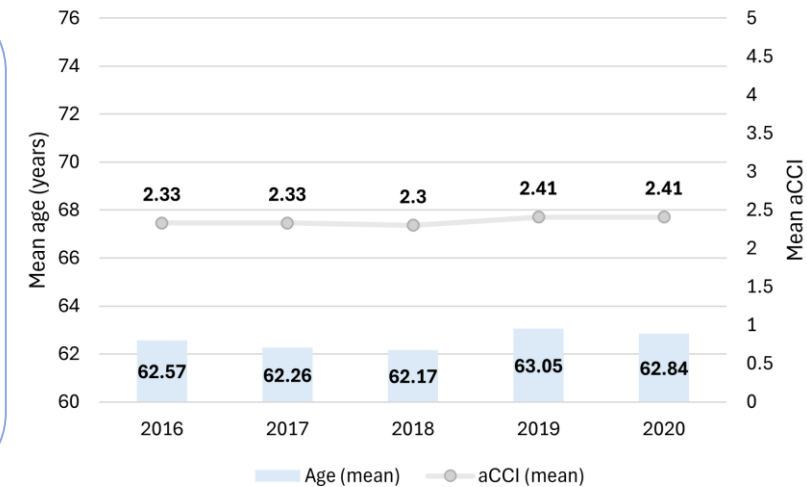


Figure 1. Mean age and mean age-adjusted Charlson comorbidity index of patients suffering DMR undergoing TEER.

Figure 2. Mean age and mean age-adjusted Charlson comorbidity index of patients suffering DMR undergoing SMVr.

# RESULTS

## TEER in DMR

DMR patients that undergo TEER have a 5 days median LoS

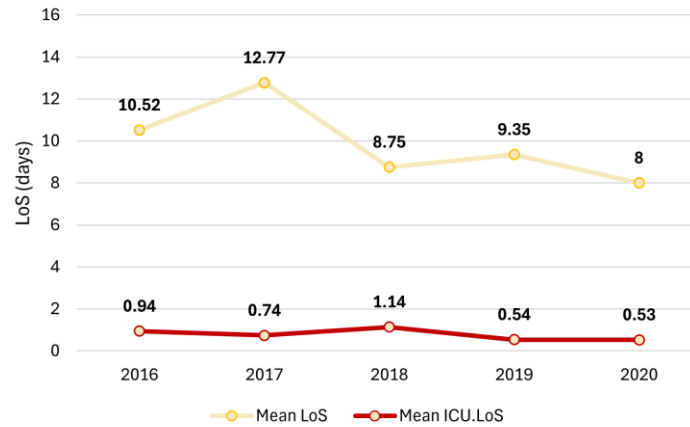


Figure 3. LoS and ICU stay of patients undergoing TEER per year

The mean cost per DMR patient undergoing TEER is **€12,464**.

There is an increase in the cost per patient from 2016 to 2020.

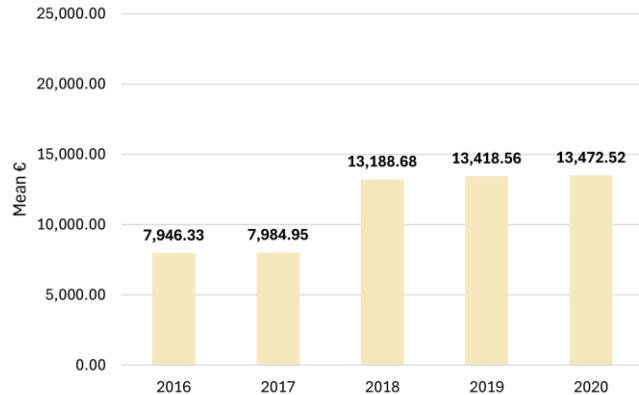


Figure 5. Mean cost per patient undergoing TEER per year

## SMVr in DMR

DMR patients that undergo SMVr have a 10-days median LoS

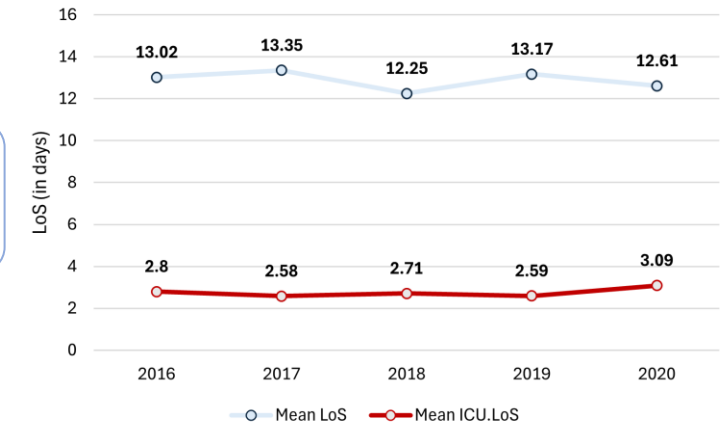


Figure 4. LoS and ICU stay of patients undergoing SMVr per year

The mean cost per DMR patient undergoing SMVr is **€20,808**.

There is an increase in the cost per patient from 2016 to 2020.

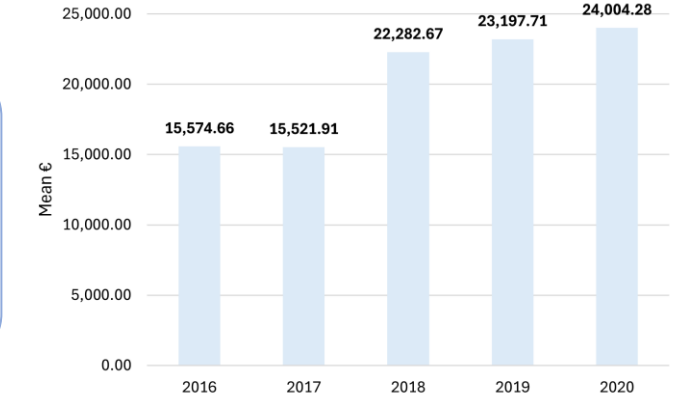


Figure 6. Mean cost per patient undergoing SMVr per year

# CONCLUSIONS

- 1 The analysis underscores a minority of DMR patients being treated.
- 2 TEER enhances the treatment options for DMR patient where high risk surgery is a concern.
- 3 Low LoS observed could benefit healthcare system, impact positively hospital capacity and minimize resource utilization.



# Thank you

## **Contact**

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